








slices








Week Commencing June 2nd

	Sunday	Monday	Tuesday	Wednesday	Thursday
 Soup	Tomato & basil soup	Carrot soup	EID	EID	EID
 Non-Vegetarian	Basil pesto chicken with fusilli pasta (G) & garlic bread (G)	Chicken frittata (E) with sautéed potatoes & carrots			
 Vegetarian	Basil pesto cherry tomato with fusilli pasta (G) & garlic bread (G)	Vegetable frittata (E) with sautéed potatoes & carrots			
 Salad	Rocca & tomato salad (D)	Fattoush (G)			
 Dessert	Yogurt with stewed apple (D)	Fruit salad			
 Fresh Fruit	Whole fruit	Whole fruit			
 Beverage	Milk, Laban or Water	Milk, Laban or Water			

G – Gluten, D – Dairy, E – Egg, S – Soy, F – Fish

slices








Week Commencing June 9th

	Sunday	Monday	Tuesday	Wednesday	Thursday
 Soup	Roasted tomato soup	Broccoli soup	Vegetable soup	Mushroom soup	Minestrone soup (G)
 Non-Vegetarian	Chicken mac & cheese (G,D) with peas	Beef bourguignon (G) with mashed potato (G, D) & carrots	Chicken burrito bowl with rice, sour cream, salsa & tortilla chips (D)	Chicken tikka masala (D) with green beans & rice	Margarita pizza (G,D)
 Vegetarian	Mac & cheese (G,D) with peas	Mushroom bourguignon (G) with mashed potato (G,D)	Veggie burrito bowl With rice, sour cream, salsa & tortilla chip (D)	Veggie tikka masala (D) with green beans & rice	Pizza topping station
Salad	Rocca & tomato salad (D)	Fattoush (G)	Greek salad (D)	Green salad	Caesar salad (G,D,E)
 Dessert	Yogurt with stewed apple (D)	Fruit salad	Fruit crumble (G,D)	Yogurt with strawberry compote (D)	Fruit salad
 Fresh Fruit	Whole fruit	Whole fruit	Whole fruit	Whole fruit	Whole fruit
 Beverage	Milk, Laban or Water	Milk, Laban or Water	Milk, Laban or Water	Milk, Laban or Water	Milk, Laban or Water
					

G – Gluten, D – Dairy, E – Egg, S – Soy, F – Fish

slices








Week Commencing June 16th

	Sunday	Monday	Tuesday	Wednesday	Thursday
 Soup	Carrot & ginger soup	Roasted pumpkin soup	Corn soup	Lentil soup	Leek & potato soup
 Non-Vegetarian	Chicken bolognese with fusilli (G), broccoli & garlic bread (G)	Baked fish marinated with yogurt & Shawarma spices (F,D) with pasta (G) & green beans in tomato sauce	Chicken tacos with Mexican rice, spiced cabbage, pico de gallo, jalapeno & sour cream (D)	Chicken pad Thai, with stir fried veg (nut free) (G,E,S)	Beef burger (G) with oven chips, lettuce, tomato & homemade ketchup
 Vegetarian	Bean ragu with fusilli (G), broccoli & garlic bread (G)	Baked eggplant marinated with yogurt & Shawarma spices (D) with pasta (G) & green beans in tomato sauce	Veggie tacos with Mexican rice, spiced cabbage, pico de gallo, jalapeno & sour cream (D)	Veg pad Thai with stir fried veg (nut free) (G,E,S)	Veggie burger (G) with oven chips, lettuce, tomato & homemade ketchup
 Salad	Rocca & tomato salad (D)	Fattoush (G)	Greek salad (D)	Green salad	Caesar salad (G,D,E)
 Dessert	Yogurt with stewed apple (D)	Fruit salad	Fruit crumble (G,D)	Yogurt with strawberry compote (D)	Fruit salad
 Fresh Fruit	Whole fruit	Whole fruit	Whole fruit	Whole fruit	Whole fruit
 Beverage	Milk, Laban or Water	Milk, Laban or Water	Milk, Laban or Water	Milk, Laban or Water	Milk, Laban or Water

G – Gluten, D – Dairy, E – Egg, S – Soy, F – Fish

slices

Week Commencing June 23rd

	Sunday	Monday	Tuesday	Wednesday	Thursday
 Soup	Corn soup	Broccoli soup	Vegetable soup	Mushroom soup	Minestrone soup (G)
 Non-Vegetarian	Chicken bolognese with fusilli pasta (G) & broccoli	Chicken with Moroccan style couscous (G) with capsicum sauce	Tuna pasta bake (G,D) with roasted corn on the cob & green beans	Chicken stir fry with noodles (G,S)	Beef burger (G) with oven chips, lettuce, tomato & homemade ketchup
 Vegetarian	Bean ragu with fusilli (G) & broccoli	Falafel with Moroccan style couscous (G) with capsicum sauce	Vegetable pasta bake (G,D) with roasted corn on the cob & green beans	Veggie stir fry with noodles (G,S)	Bean burger (G) with oven chips, lettuce, tomato & homemade ketchup
 Salad	Tomato & rocca salad (D)	Fattoush salad (G)	Greek salad (D)	Green salad	Caesar salad (G,D,E)
 Dessert	Yogurt with stewed apple (D)	Fruit salad	Fruit crumble (G,D)	Yogurt with strawberry compote (D)	Fruit salad
 Fresh Fruit	Whole fruit	Whole fruit	Whole fruit	Whole fruit	Whole fruit
 Beverage	Milk, Laban or Water	Milk, Laban or Water	Milk, Laban or Water	Milk, Laban or Water	Milk, Laban or Water

G – Gluten, D – Dairy, E – Egg, S – Soy, F – Fish