

SCHOOL MASTER MENU - WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snack Celery & Carrots with Hummus	Snack Bread Sticks with Cheese Dip	Snack Mixed Fruit Yoghurt	Snack Cheese Stars	Snack Blueberry Muffin with Organic Milk
Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch
Non-Veg Chicken Shawarma	Non-Veg Shredded Turkey & Cheese Wrap	Non-Veg Chicken Caesar Salad	Non-Veg Tuna & Cucumber Sandwich	Non-Veg Chicken Tikka Wrap
Vegetarian Falafel & Tahini Wrap	Vegetarian Cheese & Tomato Wrap	Vegetarian Tofu Caesar Salad	Vegetarian Cucumber & Cheese Sandwich	Vegetarian Mozzarella & Tomato Wrap
Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch	
Non-Veg 1 Butter Chicken	Non-Veg 1 Spaghetti with Turkey Meatballs & Tomato Sauce	Non-Veg 1 Turkey Burritos	Non-Veg 1 BBQ Chicken Burgers with Garnishes	
Non-Veg 2 Creamy Beef Stroganoff	Non-Veg 2 Sweet & Sour Chicken	Non-Veg 2 Chicken Biryani with Raita	Non-Veg 2 Penne Bolognaise	
Vegetarian Vegetarian Korma	Vegetarian Sweet & Sour Veg	Vegetarian Veg Biryani with Raita	Vegetarian Tomato Penne	
Sides Basmati Rice *** Carrots/Broccoli	Sides Egg Fried Rice *** Arabic Bread	Sides Wedges *** Side Salad	Sides Garlic Bread *** Potato Salad	
Dessert Orange Muffin	Dessert Honey Square	Dessert Fresh Mixed Melon	Dessert Strawberry Roll	Dessert Apple Tart with Vanilla Sauce



SCHOOL MASTER MENU - WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snack Hummus with Veg Sticks	Snack Savoury Quiche	Snack Guacamole with Veg Sticks	Snack Cheese & Pineapple Cubes with Crackers	Snack Banana Muffin with Organic Milk
Cold Lunch Non-Veg Roast Chicken Noodles	Cold Lunch Non-Veg Chicken Caesar Wrap	Cold Lunch Non-Veg Turkey Club Sandwich	Cold Lunch Non-Veg Chicken, Tomato & Mozzarella Penne Pasta	Cold Lunch Non-Veg Beef Tacos
Vegetarian Noodles & Vegetables	Vegetarian Veg Caesar Wrap	Vegetarian Veg Club Sandwich	Vegetarian Mozzarella Penne Pasta	Vegetarian Veg Tacos
Hot Lunch Non-Veg 1 Turkey Macaroni & Cheese	Hot Lunch Non-Veg 1 Beef Lasagne	Hot Lunch Non-Veg 1 Mild Chicken Curry	Hot Lunch Non-Veg 1 Beef Burgers with Cheese & Garnishes	
Non-Veg 2 Chicken Stir Fry with Vegetables	Non-Veg 2 BBQ Chicken Pizza	Non-Veg 2 Turkey Singapore Noodles	Non-Veg 2 Chicken Carbonara	
Vegetarian Macaroni Cheese	Vegetarian Vegetable Lasagne	Vegetarian Veg Singapore Noodles	Vegetarian Veggie Burgers with Garnishes	
Sides Sautéed Veg *** Steamed Peas	Sides Garlic Bread *** Roasted Potatoes	Sides Pilau Rice *** Arabic Bread	Sides Broccoli *** Garlic Bread	
Dessert Sticky Toffee Pudding	Dessert Lemon Pudding	Dessert Fresh Fruit Salad	Dessert Strawberry & Apple Blondie	Dessert Banana Pudding

