



Arcadia British School
Nurture Lifelong Learning

2025 – 2026

PRIMARY ASA PROGRAMME

The After School Activities (ASA) Programme enhances your child's education by offering diverse opportunities beyond the classroom. Through sports, arts, science and community service, students can explore new interests, build skills, and make lasting friendships—supporting their growth into well-rounded, confident individuals.



Welcome to ASA Term 1

Dear Parents and Students,

Welcome to the Term 1 ASA Programme at Arcadia British School! This booklet outlines the exciting extracurricular opportunities available this term, offering students the chance to explore new interests, develop skills, and connect with their peers.

The ASA sessions will take place on **MONDAY**, **TUESDAY** or **WEDNESDAY** depending on the activity chosen. The clubs will run for 9 weeks throughout Term 1 starting Monday 15th September. Please see dates below:

- Week beginning 15th September
- Week beginning 22nd September
- Week beginning 29th September
- Week beginning 6th October
- Week beginning 20th October
- Week beginning 27th October
- Week beginning 3rd November
- Week beginning 10th November
- Week beginning 17th November



Sign-up for **internal, free, teacher-led activities** will be through **School Cloud**, and registration for ASAs will **open on Thursday 28th August at 12pm** and **close on Wednesday 10th September at 12pm** so please ensure you register promptly to secure your preferred choice. Each student will be allowed to sign up for one ASA each initially and if there are spaces left, we will open allocations. Each activity offers a fantastic opportunity for students to learn, grow, and make the most of their time at Arcadia.

Thank you for supporting the ASA Programme and encouraging your child to engage in these enriching experiences. We look forward to seeing our students thrive!

Best regards,
Daniel Thomas
Associate Assistant Headteacher – Student Experience



Arcadia Learning Skills

In the ASA (After-School Activities) booklet, each activity is explicitly linked to specific Arcadia Learning Skills, making it easy for parents and students to see how their chosen pursuits contribute to their holistic development. This clear, cross-referenced system ensures that students' extracurricular involvement directly supports and enhances the core skills they are learning in their academic lessons, creating a well-rounded educational experience.



Sharing ideas clearly, talking in discussions, and presenting information in different ways (speaking, writing, visuals).

Working well with others, sharing tasks, and supporting each other in group work.



Thinking carefully about information, finding patterns, making connections, and coming up with new ideas.

Engaging in creative activities and play to stimulate imagination, relieve stress, and enhance overall well-being.



Selection Guide

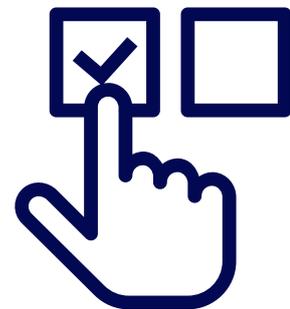
Explore a variety of activities designed to enrich your child's learning and development. Use this guide alongside the booklet to make informed choices and register via School Cloud. Remember, spaces are limited—register as early as possible!

Review your current weekly schedule and identify any existing commitments on Monday, Tuesday, or Wednesday. Since each activity is assigned to a specific day, check for potential clashes.



Each activity is designed to help **develop certain skills**. Check the skills listed for each activity to see which ones align with your interests and goals.

Log into **School Cloud to sign up** for the sessions. Make sure to confirm your selections and check for any updates regarding availability.



Submit your choices early, as spaces in activities are limited and will be allocated on a first-come, first-served basis. Ensure you review all details carefully before confirming your selection.

Important Sign-up Dates:

Open: Thursday 28th August (12pm)

Close: Wednesday 10th September (12pm)

Activity Pages

Each activity page provides all the key information you need at a glance, including the day, year group, location, and skills you'll develop. Any updates on activity days, times, or locations will be shared through School Cloud, so please check regularly to ensure you know where and when to arrive at your activities. Use this guide to choose the activities that best suit your schedule, interests, and goals!

Day of the week
This will identify which day the ASAs are running

Year Groups
Not all activities are open to every year group.

Activity Title
MONDAY YEAR 5 & 6
RAVE FITNESS

Location
Primary Dance Studio

Description
This will give you an understanding of the activity
Absolutely blasting dance tunes and timed circuit training, ranging from cardiovascular endurance to strength and conditioning. Rave Fitness offers a fun and engaging way to improve fitness whilst gaining an appreciation of timeless dance music.

Learning Skills
Displays the skills and attributes developed during the session, linked to the 4 Cs of learning.

Lead Teacher(s)
This will let you know who is running the ASA and who to contact should you need more information



Need more information?

If you have any questions or need assistance with selecting activities, please don't hesitate to reach out to your child's Class Teacher or check School Cloud for the latest updates.

We're here to help you make the most of the ASA Programme!

ARCADIA SPORTS ACADEMIES



Trials for sports clubs will take place in the first two weeks of the school term. If your child is selected to attend, you will receive an email invitation by Friday 5th September.

MONDAY

AM CLUB (6:45 - 7:35AM)

U9 & U11 BOYS FOOTBALL

PM CLUB (3:45 - 4:45PM)

U8 GIRLS NETBALL

U10 & U11 SWIM SQUAD

FIXTURE DAY

U8/U9 GIRLS NETBALL

U8/U9 BOYS FOOTBALL

TUESDAY

AM CLUB (6:45 - 7:35AM)

U8 & U9 SWIM SQUAD

PM CLUB (3:45 - 4:45PM)

U7 DEV SWIM SQUAD

U11 BOYS BASKETBALL

FIXTURE DAY

SWIMMING

CROSS COUNTRY RUN

WEDNESDAY

AM CLUB (6:45 - 7:35AM)

ATHLETICS (FROM HALF TERM)

PM CLUB (3:45 - 4:45PM)

U9 & U10 GIRLS NETBALL

FIXTURE DAY

U10/U11 GIRLS NETBALL

U10/U11 BOYS FOOTBALL

THURSDAY

AM CLUB (6:45 - 7:35AM)

U11 BOYS RUGBY

U8-U11 GIRLS FOOTBALL
(FROM HALF TERM)
OPEN TO ALL

PM CLUB (3:45 - 4:45PM)

U8 & U9 SWIM SQUAD

U11 GIRLS NETBALL

FRIDAY

AM CLUB (6:45 - 7:35AM)

U10 & U11 SWIM SQUAD



Age Group	Year Group
U8	Year 3
U9	Year 4
U10	Year 5
U11	Year 6

ARCADIA PERFORMING ARTS ACADEMIES



Welcome to the Performing Arts Academies at Arcadia! This year, we are thrilled to offer students a range of exciting opportunities to develop their talents in music, drama, and theatre. We believe that performing arts are essential for building confidence, creativity, and teamwork. Over the coming weeks, we will begin the audition process for three of our premier clubs: Musical Theatre, LAMDA, and Choir. Your children will be invited to audition for these Academies to have the chance to be a part of a vibrant and dedicated performing arts community.

Please check Seesaw and Google Classroom for more information on how to sign up.



AMY HOPKINS

TUESDAY

YEAR 3 - 6

INVITE ONLY

YEAR 3-6 MUSICAL THEATRE

📍 Black Box 1 & Black Box 2

Do you love to sing, act, and dance? Auditions for the Musical Theatre Academy for 2025/2026 are now open! We are looking for talented students to join our programme. All audition videos must be submitted to Miss Hopkins via the Google Form by 12:00 PM on September 10th.

WEDNESDAY

PRIMARY

INVITE ONLY

LAMDA

📍 Black Box and Dance Studio

WEDNESDAY LUNCH

FRIDAY BREAK

YEAR 3 - 6

INVITE ONLY

CHOIR

📍 Primary Performing Arts Room

The Choir Club is excited to announce that we are now holding auditions! This year, our focus will be on preparing for the Choirfest Competition.

This club is a great opportunity for students with strong vocal skills and a professional attitude to perform at a high standard and represent our school. We are looking for students who are ready to work hard and show excellent behavior and enthusiasm.

MOTHER TONGUE PROGRAMME

I am delighted to inform you about our Mother Tongue Programme, an important part of our language curriculum. This programme is designed to support and enrich students' proficiency in their native languages, giving them the opportunity to continue developing their skills in a structured and immersive environment.

We are pleased to offer the following five languages this year: **French, Spanish, Italian, Turkish, and Russian.**



- Re-registration is required: All students, even those who participated last year, must sign up again for the program.
- New program fee: The Mother Tongue Programme is no longer free. A parental contribution is now required, with different fees for different year groups. Payments must be made at the school office.
- Minimum enrollment: A language session needs at least 5 students to run. If fewer than 5 students enroll, the session may be canceled.



MONDAY

YEARS 1 & 2

2:45 - 3:45PM

FRENCH

YEARS 3 - 6

3:45-4:30PM

C'est la RENTRÉE!

Prépare-toi à vivre une super histoire avec des rires, des copains et plein d'apprentissages! Un programme de découverte, plein d'activités ludiques et amusantes, pour se familiariser avec la langue française, enrichir le vocabulaire, connaître les sons et le plaisir de communiquer.

Jeux, comptines et chansons, cartes, livres, objets à fabriquer... Beaucoup d'idées pour favoriser le développement des habilités en lecture et écriture.

Inscrivez-vous dès aujourd'hui et donnez à votre enfant le goût de se former! Je vous attends nombreux!

Madame Valeria



THURSDAY

YEARS 1 & 2

2:45 - 3:45PM

SPANISH

YEARS 3 - 6

3:45-4:30PM

¡Aprende, Practica y Diviértete con el Español!

Descubre Tradiciones y Costumbres de tu país de origen de una manera Lúdica y Sencilla. Pondrás en marcha las cuatro Competencias de la Lengua en cada sesión, Mejorando y Reforzando tu Gramática a través de historias, situaciones, cuentos, canciones y poemas. ¡ Te esperamos!

Mrs. Anabella López
Profesora de Español

MOTHER TONGUE PROGRAMME



THURSDAY

YEARS 1 & 2

2:45 - 3:45PM

ITALIAN

YEARS 3 - 6

3:45-4:30PM

Siete pronti per un'avventura nella lingua italiana? Venite a scoprire insieme parole, suoni, il piacere di comunicare, imparando a leggere e scrivere in modo divertente e interattivo! Vi aspetto numerosi! Maestra Valeria

Term 1:

per i più giovani (YR 1-2):

imparare a presentarsi, i saluti, i giorni della settimana, le stagioni, i numeri, i colori, la famiglia, gli animali, attraverso il gioco, il disegno e l'ascolto di storie e canzoni.

YR 3-6:

parlare di se' e della propria famiglia. La scuola. Le ore. Letture di brani e ascolto di storie.

Letture e analisi di testi di autori e generi letterari vari (YR 6) con revisione della grammatica e apprendimento di nuovo lessico.

Giochi: quiz, cruciverba, UNO, domino e altri ancora.



THURSDAY

YEARS 1 & 2

2:45 - 3:45PM

RUSSIAN

YEARS 3 - 6

3:45-4:30PM

Ваш ребенок понимает русский язык, но стесняется говорить? Или нужна помощь в правильном произношении окончаний и слов? Больше уроков русского языка в новом учебном году!

- Веселое и интерактивное обучение
- Интересные задания и игры
- Улучшении в письме, чтении и говорении
- Культурное развитие

Только для носителей языка.

Regards,

Vitaliia Miftakhova



THURSDAY

YEARS 1 & 2

2:45 - 3:45PM

TURKISH

YEARS 3 - 6

3:45-4:30PM

Exciting Turkish classes in the new school year waiting for you!

1. Millî günlerimizi, değerlerimizi, kültürümüzü ve geleneklerimizi keşfetme
2. İki dilde gelişimi destekleme
3. Eğlenceli ve etkileşimli öğrenme ortamı
4. Merak uyandıran ve keyifli dersler
5. Oyun temelli ve aktif öğrenme deneyimi
6. Eğitici oyunlar ve hareketli etkinlikler
7. Yaratıcı projeler ve ilgi çekici atölyeler
8. Hikâyeler, şarkılar ve drama etkinlikleri
9. Grup çalışmaları, paylaşım ve iş birliği
10. Anadil konusurları için özel hazırlanmış içerikler

Türkçe Öğretmeni, Kübra Karakulah



STELLA LINARES

TEACHER-LED ASAs

MONDAY

YEARS 4 & 6

AM CLUB (6:45 - 7:35AM)



U9 & U11 BOYS FOOTBALL CLUB

 Astro

Come sharpen your skills and have fun with friends at our before-school football club. With exciting drills and fast-paced small-sided games you will be helped to prepare for the Year 4 & Year 6 teams!



TOM FITT



OWEN JONES



MONDAY

YEARS 3 & 4

PUZZLE CLUB

Y1 02 Classroom 

Puzzle Club is a lively and engaging activity designed especially for children who enjoy problem-solving, creativity, and a good challenge! Each week, children will work individually, in pairs, or in small groups to tackle a wide variety of puzzles. The sessions are fun, interactive, and designed to spark curiosity while solving puzzles logically.



TIA NEALE



MONDAY

YEARS 3 - 6

ARABIC READING

YEARS 3, 4 & 5

Primary Room 114

YEAR 6

Secondary Room 120

This club focuses on reading comprehension, improving your reading fluency, expanding vocabulary, and exploring Arabic literature in an engaging and supportive environment. Whether you're working with short stories, articles, or excerpts from classical works, you'll strengthen your comprehension skills, gain confidence, and develop a deeper appreciation for the Arabic language.



YEARS 3, 4 & 5



MOHAMED GOMMA

YEAR 6



AMIRA AZAB

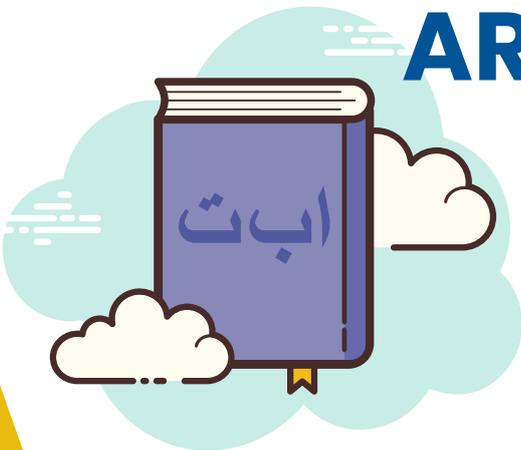


MONDAY

YEARS 3, 4 & 5

ARABIC B READING

Primary Islamic Room



Enhance your Arabic language skills and cultural understanding in the Arabic B Reading Club! Join us to dive into the world of Arabic literature. Our club, specifically for students learning Arabic as a second language (Arabic B), is designed to help students master reading comprehension and improve fluency. By exploring a wide range of engaging materials, from contemporary articles to classical works, your child will not only expand their vocabulary but also develop a lasting appreciation for the richness of the Arabic language.



TAMARA KUTEISH



MONDAY

YEARS 3 - 6

WALKING CLUB

 Primary Canteen Meeting Point

As the weather becomes cooler, we are delighted to offer an After School Walking Club. This is a wonderful opportunity for the children to enjoy some fresh air and gentle exercise after a busy day in the classroom. An opportunity to enjoy in a calm walk while keeping active with friends.



LAUREN DUFFY



SARAH COOK



MONDAY

YEARS 3 - 6

STORY SQUAD

Primary Library 

Join us for an adventure as we head to the library, dive into exciting stories and unlock our imaginations. Each week, we will explore new tales, invent our own characters and even create comic strips! In story squad, every reader becomes a storyteller!



KERRY RILEY



DAN WILLIAMS

MONDAY

YEARS 3, 4 & 5



BOARD GAMES

 Y5 02 Classroom

Join us for a weekly adventure through the world of board and card games!

From becoming Ludo Legends to exploring the Uno Universe, each week brings a new game, a new challenge, and a whole lot of fun!



CHARLOTTE KILCRAN



JACK SANTER

MONDAY

YEARS 5 & 6

FRENCH FUN CLUB

MFL Room 

French Fun Club is a space where children will explore the French language and culture through songs, stories, art. Each week they will learn simple words while discovering traditions, monuments, and music from France. No prior knowledge is needed - just enthusiasm and curiosity.



OUASSILA BENATTMAN



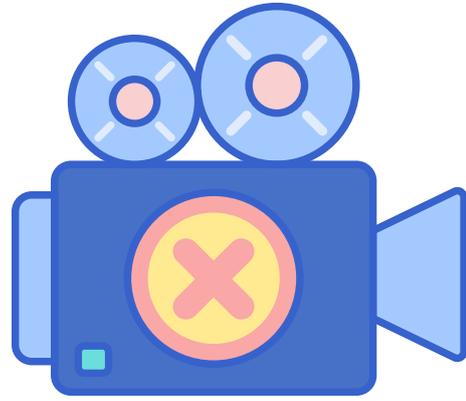
MONDAY

YEARS 5 & 6

STOP MOTION

📍 Y5 03 & Y5 05 Classrooms

The Stop Motion Club provides students with a creative opportunity to learn and create their own stop motion animations using various materials and techniques. Students will develop skills in storytelling, teamwork, and video production while bringing their imaginative ideas to life frame by frame!



ALYSSA WHITMORE



AOIFE DORRIAN



Communication



Collaboration



Creativity



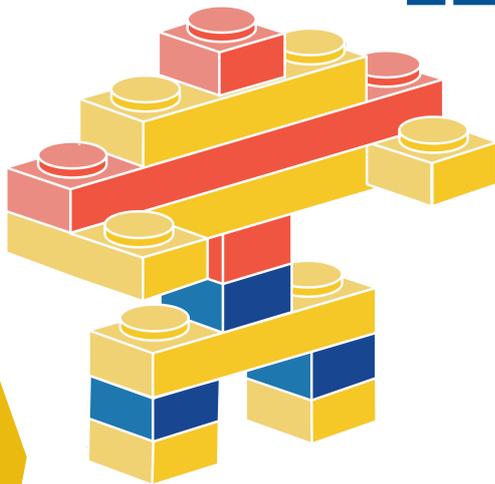
Critical Thinking

MONDAY

YEARS 5 & 6

LEGO CHALLENGES

📍 Room 124



LEGO Challenge Club will set exciting building tasks each week, inspiring creativity and problem-solving. It will explore different ways to design solutions, from strong structures to inventive machines. The club will build teamwork, resilience, and logical thinking, and will celebrate imaginative ideas in a fun, hands-on environment.



Communication



Collaboration



Creativity



Critical Thinking



TOM KEYES

MONDAY

YEARS 3 - 6

YEAR LONG



QURAN CLUB

YEARS 3, 4 & 5

Primary Islamic Room 113

YEAR 6

Secondary Room 116

A club dedicated to nurturing the love of the Holy Quran in students through recitation, Tajweed practice, and memorization of selected Surahs. The club also introduces simple explanations of meanings and connects them to students' daily lives. It provides a positive and inspiring environment that strengthens Islamic values, develops correct recitation skills, and encourages healthy competition in doing good.

YEARS 3, 4 & 5



MOHAMED ELAIMIN

YEAR 6



GHAZALA SHAHEEN



Communication



Collaboration



Creativity



Critical Thinking

TUESDAY

YEARS 3 & 4

PAINTING AND ART HISTORY CLUB



Primary Art Room

This club is for children who love being creative, are passionate about art and would like to learn how to paint. The children will look at some famous artists throughout history and discuss their paintings. They will then have the chance to learn different painting techniques and how to apply texture to their work. So while being inspired by famous artists and creating their masterpieces the children will have time to be imaginative, but most importantly have fun!



CLAIRE DAVIDGE



Communication



Collaboration



Creativity



Critical Thinking

TUESDAY

YEARS 3 & 4

LEGO CLUB

FS2 02 Classroom

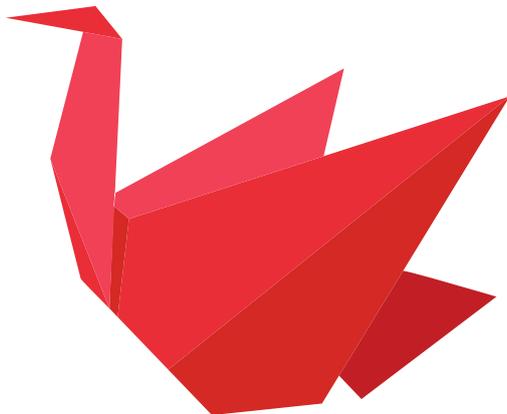
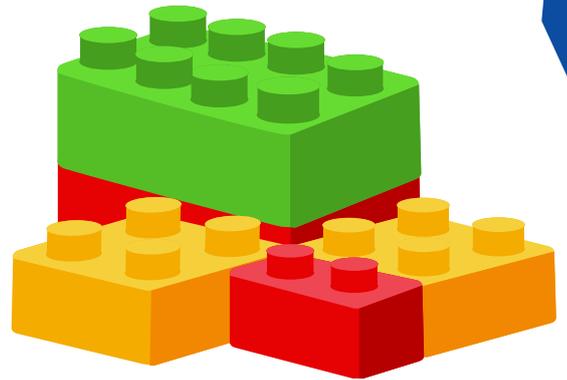


BECKY EVANS



MICAELA JENKINS

A fun, creative after-school club where children use LEGO to build, design, and problem-solve together. Encouraging teamwork, imagination, and STEM skills through hands-on play.



TUESDAY

YEARS 3, 4 & 5

ORIGAMI CLUB

Y1 01 Classroom

Join Origami Club and unfold your imagination! Dive into the ancient Japanese art of paper folding—no glue, no scissors—just magical creations using your fingertips. Origami boosts coordination, concentration, and spatial thinking, making it both a mindful and creative escape for young minds. Come fold with us, learn step-by-step, and craft your very own paper critters, cranes, and more!"



KATIE BRADLEY



RITAJ ALZAHRI



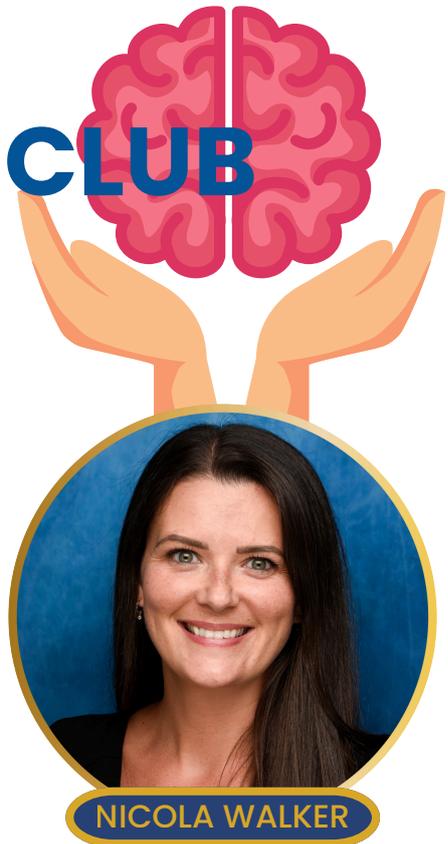
TUESDAY

YEARS 3 & 4

CALM CREATORS CLUB

 Y3 01 Classroom

Calm Creators is a welcoming space where students can unwind, spark their imagination, and discover simple wellbeing strategies through hands-on activities. Each week, they take part in a fun, creative project designed to encourage focus, relaxation, and a sense of pride in what they make.



TUESDAY

YEARS 3 & 4

DANCE CLUB

Primary Dance Studio 

Waiting to be the next big TikTok dance star? Dance Club is a time and space for children to create, practice and perfect dance routines to their favourite songs!



CATHERINE VAN DE STOUWE



ABI COPPS



TUESDAY

YEARS 5 & 6

CHESS CLUB

📍 Y5 01 Classroom

Our exciting Chess Club is open to all students, whether you're a beginner or a seasoned player. Each session will help you build confidence, sharpen your thinking, and enjoy the thrill of challenging your classmates in a fun and friendly environment.

Through engaging games and clever strategies, you'll develop your problem-solving skills, improve your focus, and learn to think ahead—skills that will benefit you both in and out of the classroom.



TUESDAY

YEARS 3 - 6

OPEN INVITE

MUSICAL THEATRE

Primary Performing Arts Room 📍



We are pleased to share that in Term 1 we will be offering an additional Performing Arts club for students who were not invited to join the academies. This will give every child the opportunity to take part in fun, creative activities and build their skills. Please note that all students will be involved in the end-of-term musical, so everyone will have the chance to perform and shine on stage.

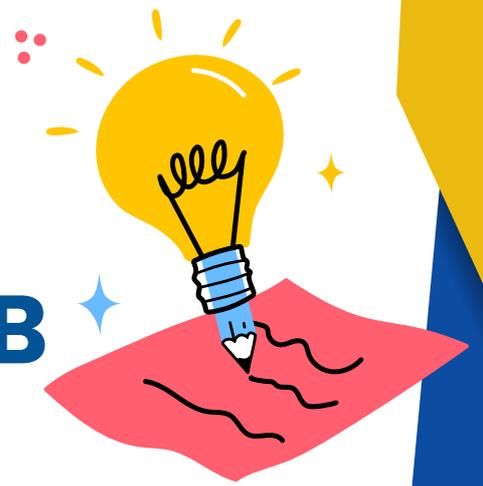


TUESDAY

YEARS 3 - 6

INVITE ONLY

WRITING COMPETITION CLUB



 Y3 02 Classroom

An invite-only club for Exceptional Learners, Writing Club is the place to develop your imagination, practise new techniques and grow your skills as an author. Together we'll work over the term to craft and polish a piece of writing we can enter into the Emirates Literature Festival competition—giving you the chance to showcase your talent on a nationwide level!



JON REID

WEDNESDAY

YEAR 3

SQUISH AND SCULPT STUDIO

Primary Art Room 



A weekly creative club where imagination takes shape - literally! At The Squish & Sculpt Studio, children dive hands-first into the wonderful world of sculpting, moulding, and making. Using materials like clay, playdough, and other tactile treasures, young artists explore texture, form, and creative expression through open-ended, sensory-rich activities.



LAUREN HOLDEN



WEDNESDAY

YEARS 3 & 4

GRAPHIC DESIGN

📍 Y2 03 Classroom

The Graphic Design Club gives children the chance to unleash their creativity and become digital designers. From creating bold posters to designing eye-catching logos and working on fun mini-projects, children will explore colour, font, and layout in exciting ways. Children will build their confidence in design using Canva, while having fun turning imaginative ideas into brilliant digital masterpieces!



ASHLEY NAUDÉ



WEDNESDAY

YEARS 3, 4 & 5

AFROBEAT DANCING

Primary Dance Studio 📍

A lively and energetic dance activity where children explore the vibrant rhythms and moves of Afrobeat music. Through fun routines and freestyle expression, pupils will build coordination, rhythm and confidence to move with flow and passion.



LOLA AKINOLA-HATTON



WEDNESDAY

YEARS 5 & 6

SKETCH CLUB

 Y6 01 Classroom

Sketch Club is a fun space for children to learn drawing through guided tutorials, decorate their work with colours and paint, and share positive feedback with friends to grow their skills and confidence.



Communication



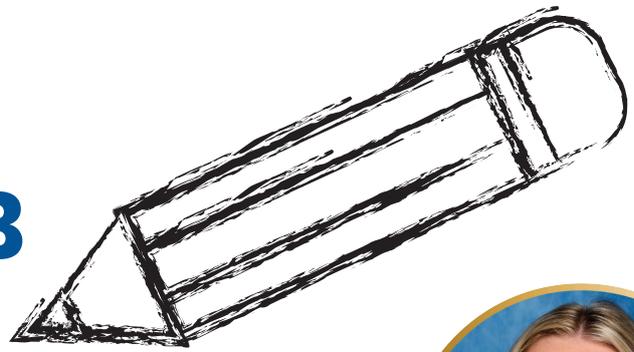
Collaboration



Critical Thinking



Creativity



EDEL HICKEY



HANNAH RUFFIN



WEDNESDAY

YEAR 6

YEAR 6 BOOK CLUB

Y6 04 Classroom 

The Year 6 Book Club is to be an enrichment activity designed to foster a love of reading and discussion. Pupils will explore a range of engaging texts, from contemporary novels to thought-provoking classics. The focus is on enjoyment, confidence in reading aloud, and building a community of readers who can share ideas.



NATALIE SCOTT



Communication



Collaboration



Critical Thinking



Creativity



Arcadia British School

Nurture Lifelong Learning