

slices

10th of September – 14th of September

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

SOUP

Leek & Potato

Celery

Minestrone

Carrot & Ginger

Zucchini

NON-VEGETARIAN

Baked Beef Kofta

Beef Cannelloni

Chicken Curry

Fish Cake

Chicken Burger

VEGETARIAN

Vegetable Kofta

Spinach & Cheese
Cannelloni

Paneer & Tomato
Curry

Crispy Vegetable
Cake

Vegetable Burger

STARCH/ CARBS

Brown Rice

Steamed Rice

Creamed Corn

Roasted Potato
Wedges

VEGETABLE

Grilled Vegetables &
Tomato Sauce

Steamed Cauliflower

Mixed Vegetables

Roasted Carrot

Lettuce, Onion
Tomato & Pickle

FRESH SALAD

Fattoush Salad

Greek Salad

Caesar Salad

Mixed Garden Salad

Green Salad

DESSERT

Strawberry
Swiss Roll

Lemon Cake

Apple Crumble

Orange & Blossom
Cake

Victoria Sponge

FRESH FRUIT

Red Apple

Orange

Plum

Green Apple

Banana

BEVERAGE

Milk, Laban or
Water

Milk, Laban or
Water

Milk, Laban or
Water

Milk, Laban or
Water

Milk, Laban or
Water



slices

17th of September – 21th of September

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

SOUP

Pumpkin Soup

Lentil

Tomato & Basil

Carrot

Roasted Tomato

NON-VEGETARIAN

Beef Bolognaise

Chicken Biryani

Chicken Shish Taouk

Beef Stir Fry

Chicken in
Rose Sauce

VEGETARIAN

Vegetable
Bean Ragu

Vegetable Biryani

Vegetable Shish
Taouk

Vegetable Stir Fry

Vegetable in
Rose Sauce

STARCH/ CARBS

Fusilli Pasta

Arabic Bread

Asian Noodles

Brown & White Rice

VEGETABLE

Steam Broccoli

Raita

Roasted Peppers

Roasted SweetCorn

Broccoli

FRESH SALAD

Greek Salad

Fattoush Salad

Fattoush Salad

Mixed Garden Salad

Caesar Salad

DESSERT

Date Cake

Lemon Swiss Roll

Profiteroles

Cherry Crumble

Banana Cake

FRESH FRUIT

Banana

Green Apple

Orange

Plum

Red Apple

BEVERAGE

Milk, Laban or
Water

Milk, Laban or
Water

Milk, Laban or
Water

Milk, Laban or
Water

Milk, Laban or
Water



slices

24th of September – 28th of September

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

SOUP

Pumpkin

Lentil

Mushroom

Zucchini

Minestrone

NON-VEGETARIAN

Beef Lasagna

Butter Chicken

Chicken Quesadilla

Beef Stroganoff

Pepperoni Pizza

VEGETARIAN

Vegetable Lasagna

Butter Vegetable

Vegetable
Quesadilla

Cauliflower Gratin

Margarita Pizza

STARCH/ CARBS

Brown Rice

Mexican Rice

Fusilli Pasta

VEGETABLE

Broccoli & Carrot

Aloo Gobi

Corn & Mangetout

Green Beans

Roasted Peppers

FRESH SALAD

Greek Salad

Fattoush Salad

Mixed Garden Salad

Caesar Salad

Green Salad

DESSERT

Apple Cinnamon

Tropical Cake

Madeleine

Carrot Cake

Mango Swiss Roll

FRESH FRUIT

Plum

Green apple

Orange

Banana

Red Apple

BEVERAGE

Milk, Laban or
Water

Milk, Laban or
Water

Milk, Laban or
Water

Milk, Laban or
Water

Milk, Laban or
Water

